

The Plymouth Press

PLYMOUTH PUBLIC SCHOOL

From the Office...

Dear Plymouth Families,

It has been a busy month for our staff, working on building our own professional capacity around student learning and continuing to support students in the development of their own growth mindset. As a team, we have been working on developing resiliency in our students and teaching them that perseverance is what will bring them success. This is something we do every day, all year long and we believe is beneficial for our children to hear the language we use at school in their homes as well. It builds continuity and allows things to be consistent between the two places that they spend the most time.

Our language tells students what we value, which helps form their mindsets. You may have heard your child talking about the **"power of yet"**. We are embracing the concept of not being able to do something "yet", master a skill "yet". If you would like to watch a video on what we have been reinforcing and what we celebrate in our students, please go to *YouTube* and watch the "Power of Yet" with Janelle Monae and Sesame Street. It will allow you a glimpse into the child friendly version of what we, as a staff, are trying to teach your children.

Personally, we wish you all a fantastic March Break with your family. We hope it is a time to re-energize and get ready for the hectic final stretch of this school year!

Wishing you a wonderful March,
Mrs. Kristen Kesh and Mr. Greg Watson
 Plymouth Administrative Team

CELEBRATING OPTIMISM	VALENTINE'S DAY FUN	EMPATHY IS IN THE AIR
<p><i>Optimism- to be hopeful, positive and have confidence</i></p> <p>See inside for the winners of February's Optimism Awards. Congratulations to all these wonderful role models</p>	<p>We celebrated Valentine's Day in many ways, including with the residents at Plymouth Cordage! See page 3 for fantastic photos from the day.</p>	<p>Roots of Empathy is a program run by our Youth Counsellor with one of our classes and promotes Empathy and learning. Learn more on page 2 of the March newsletter.</p>
<p>REMINDER- Like all DSBN properties, Plymouth remains a NUT FREE school! Please do not send your child to school with food products containing NUTS so we can keep our students with allergies safe.</p>		

ROOTS OF EMPATHY

Roots of empathy is an evidence-based classroom program that has shown significant effect in reducing levels of aggression among schoolchildren by raising social/emotional competence and increasing empathy. At Plymouth, Roots of Empathy is being delivered in Ms. Parry's Grade One classroom with our Youth Counsellor, Miss Charlie, leading the instruction. At the heart of the program are Baby Ella and her mom, Mrs. Leung, who is an Educational Assistant at Plymouth when she is not off on maternity leave! Baby Ella visits the classroom every three weeks over a significant portion of the school year. Miss Charlie coaches students to observe the baby's development and to label the baby's feelings. In this experiential learning, the baby is the "teacher" and a way that Miss Charlie helps the grade one children identify and reflect on their own feelings and the feelings of others. This "emotional literacy" taught in the program lays the foundation for safer and more caring classrooms, where children are the "changers". They are more competent in understanding their own feelings and the feelings of others (empathy) and are therefore less likely to physically, psychologically and emotionally hurt each other through bullying and other cruel actions. We are so incredibly grateful to Mrs. Leung for being willing to come into Plymouth with Baby Ella and sharing her growth with us!



OPTIMISM AWARD WINNERS...

Kindergarten

Jaelyn N.
Kane L.
Brenda S.
Suzan K.
Kyleigh R.
Shyan G.

Primary

Dakota B.
Eve G.
Joseph S.
Kaydan L.
Kyree H.
Liam F.
Savannah M.
Danielle J.
Riley G.
Ayoub A.
Bella V.
Jessica B.
Brayden S.

Junior

Ben G.
Grace S.
Emma B.
Saphira C.
Jordan A.

Intermediate

Keyonna C.
Cameron G.
Nick M.
Michael S.



VALENTINE'S DAY CELEBRATIONS

Wednesday, February 14, 2018 was a day for celebrating all the fantastic relationships that our students have developed in their lives. Some students spent the day at Plymouth, learning and enjoying with their peers. Others went across the street to Plymouth Cordage and shared their joy with the senior residents. It was a fantastic learning experience for all involved and the smiles on everyone's faces are evidence of a great day!



COMMUNITY EVENTS

Lower Deck Youth Centre and YFC/Youth Unlimited Welland**What?**

Enjoy a **FREE** meal together, play games, explore crafts and have fun!

Where?

Families are welcome to join us @ 50 Lincoln Street, Welland (Welland BIC Church)

When?

5:00-7:00pm running Saturday, March 3, 17 and 31, 2018.

How?

Contact Melissa Sparks @ 905-246-0251 or check out our Facebook page @yfcwelland

Calling all students in Grade 6, 7 or 8!!

Interested in learning more about the different kinds of technology available in high school?? Eastdale Secondary School has the solution for you!

What?

Join us for our AFTER SCHOOL TECHNOLOGY CLUB. Get the opportunity to explore the Comm Tech class, Auto Shop, Construction Shop and more! All with the guidance of our fantastic Eastdale teachers. Plus... snacks!

Where?

Eastdale Secondary School

When?

Wednesdays from March 28 to May 16, 2018 from 4:00-5:30pm

How?

Registration forms will be coming to you on Monday, March 5th

